

QUEST

CASE MANAGEMENT

If you're between 16 and 24 and want to continue your education, or find a job, we can help you develop the skills you need.



QUEST Case Management Provides:

- Assessment of overall needs
- Identification of potential barriers to employment or education success
- Referral to other resources
- Identification of employment experience and marketable skills

Skill Training Available:

- Educational Programs and Courses
- Future Career Goals
- Labour Market Information
- Resume Writing
- Stress Management
- Anger Management
- Social Skills
- Problem Solving
- Decision Making
- Goal Setting
- Time Management
- Networking

QUEST Case Management

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